



**Arbor Oaks**  
 SENIOR LIVING  
 A Lifespark Community

# Age Magnificently



## Our Community Newsletter

*Discover what's going on in our community.*

### Arbor Oaks-

Thank you all who successfully surprised me with a baby shower! That was unexpected. I along with Baby R are already feeling so loved. I cannot wait for you all to meet the bundle of joy!

I want to let you all know that while I am out on Maternity Leave Paige our Assistant Executive Director will be stepping into the interim ED role while I am out. You can direct any concerns or questions to her in my absence.

Many have been asking and to answer your question on if I will be returning the answer is: I will be returning to my position after my leave, and you will all see me again! ☐

With the warm weather coming up with spring make sure to get outside and get some fresh air! If you are interested in a walking group or some other outdoor activity make sure to voice what you want to see this spring/summer for activities!

Thank you,

Shaelee Reichstadt  
 Executive Director

**We want to wish all of our friends at  
 Arbor Oaks a Happy Birthday!!!!**



- |            |      |           |      |
|------------|------|-----------|------|
| Roger N.   | 4/6  | Lou H.    | 4/24 |
| Connie W.  | 4/11 | Deanna W. | 4/29 |
| Dan A.     | 4/11 | Roger H.  | 4/30 |
| Eleanor D. | 4/18 |           |      |

## New Residents



Please welcome our new Resident's to Arbor Oaks!

Rose Marie Leba #12

## Community Updates

### ACTIVITIES

April 6th at 1:30 Music by Inspire Students in Memory Care.

We will have accordion music at our party on Friday, April 19th.

Spark Games will begin with our scrimmage on Tuesday, April 16th at 1:00. We need to practice using the remote controls for the Forklift Races. If you don't want to try, we can always use cheerleaders! Go A-Team!!!!

### DIETARY

"I scream"

"You scream"

"We all scream for ice cream!"

There will now be a flavor of the month ice cream along with vanilla and chocolate. Don't forget you can always add caramel or chocolate syrup to any of your ice cream as well.

### MARKETING

Marketing always likes to see residents smiling! April is National Humor Month! Afterall, laughter is the best medicine.

What bow can't be tied? A rainbow!

What's a balloon's least favorite type of music? Pop.

What did the big flower say to the little flower? Hi bud!

Why does Humpty Dumpty love autumn? Because he always has a great fall.

What time does a duck wake up? The quack of dawn!

What did the nose say to the finger? Quit picking on me!

How does NASA organize a party? They planet.

### CHAPLAIN

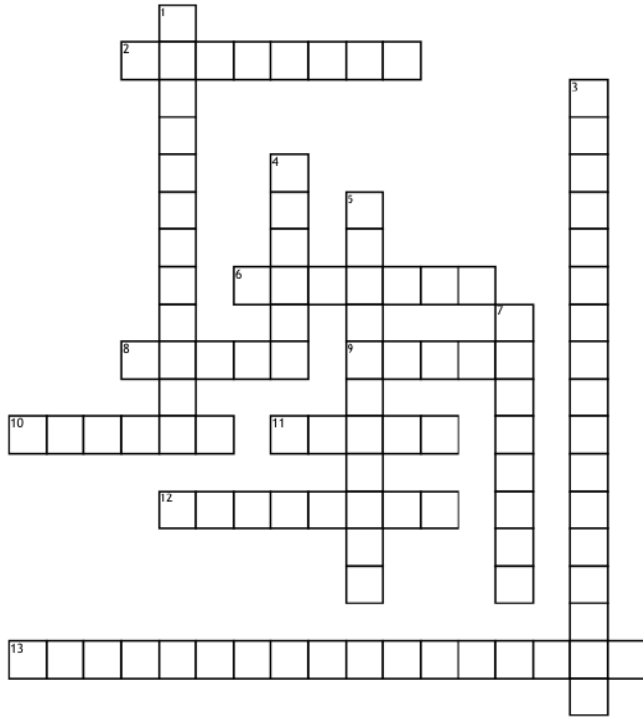
It has been six months since I started working as your chaplain and what a wonderful time it has been. I have enjoyed visiting with many of you and getting to know you. It has been fun doing activities with you, most especially coffee chats once a month, Bible study on Thursdays and hymn sings in the memory care unit. In the time I have been your chaplain I have been privileged to accompany a few of our former residents and their families at the end of their lives and then to celebrate those lives at our facility memorial service which we had in February. It has been an honor to be your chaplain and know that I am available to provide you with emotional and spiritual support. I am in on Wednesday mornings and Thursday all day.

### NURSING

Fall Prevention Tips

1. Keep your home safe. Remove any trip hazards such as rugs and utilize lighting such as night lights.
2. Review your medications with your primary care provider regularly.
3. Keep active! Getting exercise every day keeps your muscles strong.

# April Fools!



**Across**

- 2. This is the name of the world's biggest one day Car Show AND one of the first highways in the US.
- 6. What was the original name of the Pontiac car company?
- 8. How many cars were eaten up by the sink hole at the NCM?
- 9. The "T-Top" wasn't named for its shape. What does the "T" stand for?

- 10. The 1953 Corvette offered only two options; an AM radio for \$145 and this other option for \$91.00.
- 11. This typical option (slang term) was not available on the 1982 Corvette.
- 12. He owns a 1967 green Corvette convertible, but for years the Secret Service wouldn't let him drive it.
- 13. Where is the Hockenheimring Baden-Württemberg Formula 1 Racetrack?

**Down**

- 1. This racetrack is internationally renowned and was built in 1927.
- 3. Jack Nicholson "spins out" on the beach in this film.
- 4. Who founded General Motors Company?
- 5. The 1963 Corvette is the only model year this feature was available.
- 7. Who made the song, "April Love" famous?



**Germany:**

Germany is a Western European country with a landscape of forests, rivers, mountain ranges and North Sea beaches. It has over 2 millennia of history. Berlin, its capital, is home to art and nightlife scenes, the Brandenburg Gate and many sites relating to WWII. Munich is known for its Oktoberfest and beer halls, including the 16th-century Hofbräuhaus. Frankfurt, with its skyscrapers, houses the European Central Bank.

Did you also know that Germany has 2100 castles throughout the country. They are also the biggest chocolate producer in the EU. The number one attraction in Germany is Cologne Cathedral. Receiving over 6 million visitors a year. It is one of the most important pilgrimage churches in Europe. Berlin is nine times bigger than Paris. Soccer is the most popular sport in Germany. If you would like to learn more about Germany and see some of the beautiful sights join our trip to Germany in the Activity Center on April 11th in the Activity Center.



Deanna



Mary



Edna & Dan



Sandy



Shirley, Vivian and Helen



Martha



Sharon



Bernice



Sharon

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- **Be sure to watch for flyers on our new Spark Challenge.**
- **We will be lifting and moving boxes with our remote control forklifts. This challenge will be Tuesday's at 1:00 in the Activity Center starting with a scrimmage on Tuesday, April 16th. Any questions please come talk to Christine!**