| Week 1 Regular/NAS |  |   |   | Arbor Oaks SS 2024  | Week At A Glance   |  |   |
|--------------------|--|---|---|---|--|--|---|
| М                  | Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
| B<br>F<br>S<br>T   | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG<br>SAUSAGE LINK<br>FROSTED CINNAMON ROLL<br>MILK            | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE GRAVY<br>BISCUIT<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK               | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE LINK<br>PANCAKES/SYRUP<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK      | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG WITH<br>CHEESE<br>SAUSAGE LINK<br>RASPBERRY STREUSEL<br>COFFEE CAKE<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>WESTERN EGG BAKE<br>TOAST<br>MARGARINE/JELLY<br>MILK |
| N<br>O<br>O<br>N   | PIZZA<br>TOSS SALAD/ DRESSING<br>PEARS<br>ICE CREAM NOVELTY<br>MILK  | ITALIAN HOAGIE<br>POTATO CHIPS<br>WATERMELON<br>COOKIE<br>MILK          | BONELESS CHICKEN WINGS<br>ASST DIPPING SAUCE<br>CARROT & CELERY STICKS<br>TATER TOTS<br>SCOTCHAROOS<br>MILK | BBQ PORK SLIDER<br>3 BEAN SALAD<br>COOKIE<br>MILK                             | GOULASH<br>PARSLIED CAULIFLOWER<br>FRUIT<br>MILK   | SAUSAGE, EGG & BISCUIT<br>FRIED POTATOES<br>ORANGE SLICES<br>MILK  | GRILLED HOT DOG ON BUN<br>BAKED BEANS<br>BERRY CUP<br>ICE CREAM<br>MILK                     |
| E<br>V<br>E        | ROAST BEEF<br>MASHED POTATOES<br>BEEF GRAVY<br>SWEET GARLIC ROASTED<br>CARROTS<br>ROLL/MARG<br>FRUIT PIE<br>MILK | CRUSTED PORK CHOP<br>BAKED YAM<br>PEA SALAD<br>FRUIT CRISP<br>MILK      | HAWAIIAN MEATBALLS<br>CILANTRO RICE<br>SNOW PEAS<br>MANDARIN ORANGES<br>MILK                                | COOK'S CHOICE MEAL<br>MILK  | FRIED CHICKEN<br>HOMEMADE POTATO SALAD<br>APPLE BACON COLESLAW<br>STRAWBERRY SPONGE<br>SHORTCAKE<br>MILK | CATCH OF THE DAY<br>CHEESY HASHBROWNS<br>BROCCOLI<br>BREAD/MARG<br>RHUBARB BARS<br>MILK  | TATER TOT CASSEROLE<br>TOSS SALAD/ DRESSING<br>PEANUT BUTTER BROOKIE<br>MILK                |

Lifespark

05/05/24, 06/09/24, 07/14/24, 08/18/24, 09/22/24, 10/27/24

| Week 2 Regular/NAS |  |   |   | Arbor Oaks SS 2024   | Week At A Glance   |  |   |
|--------------------|--|---|---|--|--|--|---|
| М                  | Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
| B<br>F<br>S<br>T   | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>SAUSAGE LINK<br>MUFFIN<br>MILK     | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG<br>BACON<br>BELGIAN WAFFLES<br>MILK                      | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK  | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK                              | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK                 | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>WESTERN EGG BAKE<br>COFFEE CAKE<br>MILK                 | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG WITH<br>CHEESE<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK      |
| N<br>O<br>N        | TACO SALAD<br>SALSA<br>SOUR CREAM<br>BREADSTICK<br>MIXED FRUIT<br>MILK                 | CHICKEN TENDER PLATTER<br>HONEY MUSTARD<br>CREAMY COLESLAW<br>GARLIC TOAST<br>CHILLED FRUIT<br>MILK           | TOMATO BASIL SOUP<br>CRACKERS<br>GRILLED CHEESE SANDWICH<br>TOSS SALAD/ DRESSING<br>FRUITED GELATIN<br>MILK | SLOPPY JOE/BUN<br>BROCCOLI SLAW<br>PEACHES<br>PUDDING<br>MILK  | ALMOND POPPY SEED<br>TURKEY SALAD ON LETTUCE<br>LEAF<br>3 BEAN SALAD<br>BREADSTICK<br>FRESH MELON CUP<br>MILK        | BBQ PORK LOADED BAKED<br>POTATO<br>BROCCOLI<br>MIXED FRUIT<br>MILK                             | CHEESY POTATO VEGETABLE<br>SOUP<br>CRACKERS<br>HAM SALAD CROISSANT<br>SLIDER<br>TOSS SALAD/ DRESSING<br>PEARS<br>MILK |
| E<br>V<br>E        | BOURBON CHICKEN<br>BAKED POTATO/MARG<br>SEASONAL VEGETABLE<br>ROLL/MARG<br>PIE<br>MILK | SEAFOOD SALAD ON<br>CROISSANT<br>WITH LETTUCE/TOMATO<br>CREAMY CHEDDAR<br>MACARONI SALAD<br>ICE CREAM<br>MILK | TURKEY TETRAZZINI<br>CARROTS<br>FRESH BAKED BREAD<br>PEANUT BUTTER BLONDIE<br>MILK                          | HONEY DIJON PORK<br>TERNDERLOIN<br>GARLIC HERB & CHEESE<br>SCALLOPED POTATOES<br>SEASONED ASPARAGUS<br>APPLE CRISP<br>MILK | NACHO DORITO BAKE<br>SHREDDED LETTUCE/TOMATO<br>SOUTHWEST VEGETABLE<br>BLEND<br>CARAMEL CREAM SPONGE<br>CAKE<br>MILK | FISH SANDWICH DELUXE<br>POTATO RINGS<br>CREAMY CUCUMBER SALAD<br>CHEF'S CHOICE DESSERT<br>MILK | CHICKEN PESTO PASTA<br>SPINACH SALAD W/   |

Lifespark

05/12/24, 06/16/24, 07/21/24, 08/25/24, 09/29/24

Bread offered at meals and is available upon request. Notes:

| Week 3 Regular/NAS |  |  |  | Arbor Oaks SS 2024  | Week At A Glance   |  |  |
|--------------------|--|--|--|---|--|--|--|
| Μ                  | Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday   |
| B<br>F<br>S<br>T   | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>SAUSAGE LINK<br>BREAKFAST PASTRY<br>MILK           | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK        | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>WESTERN EGG BAKE<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG WITH<br>CHEESE<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE GRAVY<br>BISCUIT<br>MILK                | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK |
| N<br>O<br>N        | CHICKEN CLUB SALAD<br>BREADSTICK<br>PEACH CRISP<br>MILK  | FLATBREAD PIZZA<br>CAESAR SALAD<br>LEMON BAR<br>MILK   | FLAMEBROILED BBQ RIB ON<br>BUN<br>CREAMY COLESLAW<br>FRUIT<br>MILK                                       | CHICKEN FAJITA PASTA<br>SALAD<br>PICKLED BEETS<br>BREADSTICK<br>CHILLED FRUIT<br>MILK       | BRATWURST ON BUN<br>HOMEMADE POTATO SALAD<br>SWEET PEPPER SLAW<br>CHILLED FRUIT<br>MILK                          | CARNITA, RICE & VEGGIE<br>BOWL<br>CHEDDAR CORNBREAD<br>FRESH MELON CUP<br>MILK         | EGG SALAD SANDWICH<br>TOMATO WEDGES<br>BANANA BERRY CUP<br>MILK  |
| E<br>V<br>E        | CREAMY GARLIC HERB PORK<br>CHOP<br>ROSEMARY POTATOES<br>BRUSSELS SPROUTS W/<br>CRAISINS<br>PIE<br>MILK | CALIFORNIA HAMBURGER /<br>BUN<br>SOUR CREAM & CHIVE<br>POTATO WEDGES<br>DILL PICKLE SPEAR<br>FRUIT<br>MILK | ORANGE CHICKEN<br>BROCCOLI<br>FRIED RICE<br>EGG ROLL<br>SHERBET<br>MILK                                  | COOK'S CHOICE MEAL<br>MILK  | BBQ RIBS<br>MACARONI AND CHEESE<br>GREEN BEANS W/ BACON<br>GOOEY BUTTER CAKE<br>MILK                             | LEMON ORANGE ROUGHY<br>SCALLOPED POTATOES<br>MIXED VEGETABLES<br>CHILLED FRUIT<br>MILK | SPAGHETTI & MEATBALLS<br>TOSS SALAD/ DRESSING<br>GARLIC TOAST<br>MANDARIN ORANGES<br>MILK                  |

Lifespark

05/19/24, 06/23/24, 07/28/24, 09/01/24, 10/06/24

| Week 4 Regular/NAS |  |   |  | Arbor Oaks SS 2024  | Week At A Glance  |   |   |
|--------------------|--|---|--|---|---|---|---|
| М                  | Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
| B<br>F<br>S<br>T   | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>SWEET ROLL<br>MILK                | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>WESTERN EGG BAKE<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>SAUSAGE LINK<br>BELGIAN WAFFLES<br>MAPLE SYRUP<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE GRAVY<br>BISCUIT<br>MILK                     | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE LINK<br>FRENCH TOAST / SYRUP<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG<br>BACON<br>DONUT HOLES<br>MILK                                |
| N<br>O<br>O<br>N   | CORN DOG<br>MACARONI AND CHEESE<br>BAKED BEANS<br>CHILLED FRUIT<br>MILK                        | HOT BEEF COMMERCIAL<br>MASHED POTATOES<br>BROCCOLI<br>FRESH GRAPES<br>MILK                  | CRISPY CHICKEN SANDWICH<br>CHOPPED SALAD/DRESSING<br>CHILLED FRUIT<br>MILK                                       | TERIYAKI BEEF & PEPPER RICE<br>EGG ROLL<br>MANDARIN ORANGES<br>BUTTERSCOTCH BROWNIE<br>MILK | CHICKEN CAESAR SALAD<br>BREADSTICK<br>PEARS<br>COOKIE<br>MILK                                 | GRILLED RACHEL SANDWICH<br>TOMATO SLICES<br>CHILLED FRUIT<br>MILK                   | PIZZA BURGER ON BUN<br>SOUR CREAM & CHIVE<br>POTATO WEDGES<br>PEACHES<br>COOKIE<br>MILK                             |
| E<br>V<br>E        | BBQ CHICKEN DRUMSTICKS<br>HOMEMADE POTATO SALAD<br>CREAMY COLESLAW<br>ROLL/MARG<br>PIE<br>MILK | LASAGNA ROLL UP<br>BRUSSELS SPROUTS<br>GARLIC CHEESE BREAD<br>MONSTER COOKIE CAKE<br>MILK   | BLT SANDWICH<br>POTATO CHIPS<br>COTTAGE CHEESE W/ FRUIT<br>FLUFFY STRAWBERRY<br>DESSERT<br>MILK                  | OVEN ROASTED SEAFOOD<br>BOIL<br>BISCUIT<br>LEMON BAR<br>MILK                                | WALKING TACO<br>SEASONED TATER TOTS<br>CHEDDAR CORNBREAD<br>CHURRO<br>MILK                    | LEMON GARLIC PORK LOIN<br>BAKED YAM<br>GREEN BEANS<br>SHERBET<br>MILK               | TUSCAN CHICKEN<br>ITALIAN ROASTED<br>MUSHROOMS & TOMATOES<br>SPINACH SALAD W/<br>DRESSING<br>VANILLA MOUSSE<br>MILK |

Lifespark

05/26/24, 06/30/24, 08/04/24, 09/08/24, 10/13/24

| Week 5 Regular/NAS |   |   |   | Arbor Oaks SS 2024   | Week At A Glance  |   |   |
|--------------------|---|---|---|--|---|---|---|
| Μ                  | Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
| B<br>F<br>S<br>T   | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>WESTERN EGG BAKE<br>MUFFIN<br>MILK                               | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>HARD COOKED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK                | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>PANCAKES/SYRUP<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>FRIED EGG<br>BACON<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SCRAMBLED EGG WITH<br>CHEESE<br>SAUSAGE LINK<br>TOAST<br>MARGARINE/JELLY<br>MILK | CHOICE OF JUICE<br>CHOICE OF CEREAL<br>SAUSAGE GRAVY<br>BISCUIT<br>MILK |
| N<br>0<br>0<br>N   | CHILI MAC<br>TOSS SALAD/ DRESSING<br>BREADSTICK<br>PEARS<br>MILK  | GARDEN VEGETABLE SOUP<br>CRACKERS<br>GRILLED TURKEY AND SWISS<br>CHEESE SANDWICH<br>FRUIT<br>MILK                         | TUNA CASSEROLE<br>BREAD/MARG<br>SEASONAL VEGETABLE<br>FRUIT<br>MILK                 | COOK'S CHOICE MEAL<br>MILK   | ENCHILADA BAKE<br>SHREDDED LETTUCE/<br>TOMATO<br>RICE KRISPIE SQUARE<br>MILK                  | CHEESEBURGER ON BUN<br>BROCCOLI SLAW<br>PEACHES<br>MILK   | CHICKEN PESTO SLIDERS<br>TOSS SALAD/ DRESSING<br>PEACHES<br>MILK        |
| E<br>V<br>E        | HAND CARVED PIT HAM<br>GARLIC PARMESAN<br>SCALLOPED POTATOES<br>GREEN BEANS<br>ROLL/MARG<br>PIE<br>MILK | GARLIC BUTTER CHICKEN<br>ROASTED RED POTATOES<br>ROASTED ZUCCHINI W/ HERB<br>SEASONING<br>BLUEBERRY BREAD PUDDING<br>MILK | GRILLED RIBEYE STEAK<br>MASHED POTATOES<br>BROCCOLI<br>ICE CREAM<br>MILK            | CHEDDARWURST ON BUN<br>POTATO RINGS<br>LAYERED SALAD<br>MANDARIN ORANGES<br>MILK                         | BBQ CHICKEN<br>HOMEMADE POTATO SALAD<br>BAKED BEANS<br>WATERMELON<br>MILK                     | GLAZED SALMON FILET<br>ROASTED POTATO MEDLEY<br>CREAMED PEAS<br>S'MORES CHEESECAKE FLUFF<br>MILK                        | SMOKED SAUSAGE<br>FRIED POTATOES<br>SAUERKRAUT<br>BROWNIE<br>MILK       |

Lifespark

06/02/24, 07/07/24, 08/11/24, 09/15/24, 10/20/24