

CHRISTMAS WORD SEARCH



Christmas
Santa
Holiday
Tree
Ornaments

Presents
Snowflakes
Gingerbread
Merry
Candycane

Reindeer
Toys
Ribbon



Happy Holidays! I am pleased to Announce that Kevin Gast will be your “New Executive Director” starting in December. Kevin comes to you from Boden Senior Living of Apple Valley . As I have been your Interim Executive Director it was wonderful to get to know many of you and I appreciate the opportunity that I was able to spend with many of you. Thank you everyone for being so kind and inviting I wish you a wonderful Holiday season filled with Happiness and Joy!

Hannah, Interim Executive Director

From the Assistant Executive Director

Hi, I'm Lisa Schultz, and I'm excited to be joining the team here at Arbor Oaks Senior Living. A little bit about myself after spending 8 years as a Life Enrichment Director, I'm excited for this next chapter in my career. My journey has been shaped by a passion for enriching the lives we serve, and I am eager to continue growing & make a difference in my role as Assistant Executive Director here at Arbor Oaks. I enjoy spending time with my husband, 2 dogs & 2 cats. Some of my hobbies and interests are golfing, painting, reading, photography, hiking, tennis.

From Marketing

Now that the leaves have changed and temperatures are dropping, it is time to get excited for the holidays and 2025. Oh, that is so hard to even think of!

We are busy getting our community ready for all these happenings coming. Along with special events and busy times, we also have new residents in our community that are here now and coming in the next few months. Please make sure we welcome and help them out.

Do you remember what it felt like to be a 'newbie' in the community? Although our community is not very big, it can be overwhelming at first. How to find their apartment or where an activity might be held seem to always be the big questions.

The main thing we ask of everyone, is a friendly smile and patients with each other.

Thanks! Kathy

As we all know about living in Minnesota, the winter season is here, it can be fun but also dangerous. The cold temperatures bring us snow, freezing rain, and ice with a chance of some slips and falls. Falls are a major threat to our health. From injuries sustained during these accidents to subsequent complications, spills on snow and ice can have dire consequences for any of us. We can all start with having the proper warm clothing from jackets, hats, gloves, scarves, and footwear. Comfortable, waterproof, non-skid soles, shoes, or boots. If we use a walking aide or a cane it is good practice to have our staff or a family member check the handles, wheels, bottom grippers, breaks and bottom pads to be sure they are not worn out, have good traction are in good working condition. Repair or replace any worn out or damaged part as soon as possible. We can avoid walking on ice and snow. Stay inside until conditions improve and snow clean up is complete. When we must go outside, remember to dress for the weather. If conditions are slippery, use the assistance of an escort or family member, walk with a sidestep or like a penguin with short, slow strides, legs shoulder width apart and knees slightly bent for good balance. Take advantage of the cleared sidewalks and driveways, always walk around an ice or slippery spot if your able to. Be aware of black ice and please be extremely careful outside. We will do our best to make sure the walkways and driveways are cleared and remain safe this winter season. If you see any area that needs addressing or seems unsafe, please let one of our staff know. Thank you ALL!



Week	Deep Dive	Competition	RBS
Week 7	12/3	12/4 Grip Games	12/6
Final 4 12/10 Whizzer		World Championship 12/12 Arm Crank	

Happy Birthday!

Resident Birthdays

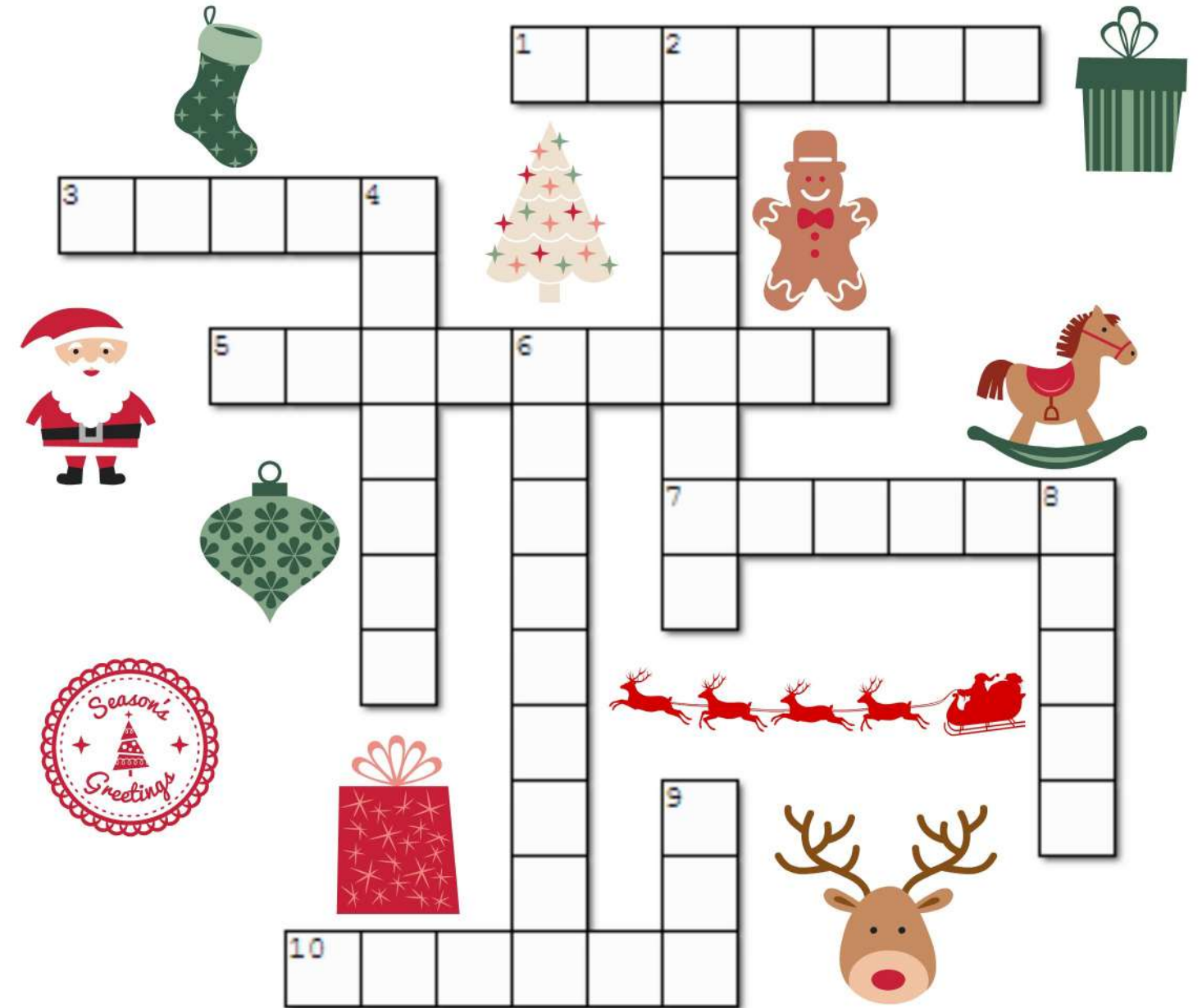
Cathy S. 12/13
Darline E. 12/23
Sue P. 12/29

Staff Birthdays

Camille F. 12/14
Joleen Y. 12/14

CHRISTMAS CROSSWORD PUZZLE

USE THE CLUES TO COMPLETE THE CROSSWORD PUZZLE.



Across

- One of Santa's Reindeer
- Santa's Helpers
- December 25th is _____.
- Christmas Drink
- The name of a popular snowman.

Down

- Christmas Month
- He hates Christmas!
- You hang them by the chimney.
- On Christmas morning we unwrap our _____.
- ___ to the world!



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