


# October 2024 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Wear Orange</b> <b>1</b> 9:00 Around the World 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:00 Coffee and Spelling 2:30 Creative Coloring 3:45 Hymn Sing 4:00 Balloon Ball 5:45 Reminisce	<b>2</b> 9:00 Move to the Music 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 Visits 2:30 Ice Cream 3:15 Hymn Sing w/Jean 5:45 Comedy Hour	<b>3</b> 9:00 Puzzles and More! 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 12:45 Walking Group 2:00 Coffee and Reading Group 3:00 NailCare 3:45 Hymn Sing w/Jean 5:45 Balloon Ball	<b>4</b> 9:00 I Love Lucy 10:30 Yoga/Exercise 11:30 Devotions 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1's 3:00 Balloon Ball 3:45 Sing a Long 5:45 Dice Game	<b>5</b> 9:00 Animal Videos 10:30 Yoga/Exercise 11:00 Sing a Long/Stretch 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:30 Trivia & Coffee 3:00 Bean Bag Toss 6:00 Movie and Popcorn
9:00 Church on TV [MC] <b>6</b> 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Dining Room Activities 2:30 Coffee and Reminisce 3:30 Finish the Sentence 4:00 Dance Party 5:45 Travel the World 6:30 Snack Break and Games	<b>7</b> 9:00 Little House 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 visits 2:00 Snack and Social 3:00 Active Games 4:00 Sing a Long	<b>8</b> 9:00 Around the World 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:00 Coffee and Spelling 2:30 Creative Coloring 3:45 Hymn Sing 4:00 Balloon Ball 5:45 Reminisce	<b>9</b> <b>Pajama Day</b> 9:00 Move to the Music 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 Visits 2:30 Ice Cream 3:15 Hymn Sing w/Jean 5:45 Comedy Hour	<b>10</b> 9:00 Puzzles and More! 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 12:45 Walking Group 2:00 Coffee and Reading Group 3:00 NailCare 3:45 Hymn Sing w/Jean 5:45 Balloon Ball	<b>11</b> 9:00 I Love Lucy 10:30 Yoga/Exercise 11:30 Devotions 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1's 3:00 Balloon Ball 3:45 Sing a Long 5:45 Dice Game	<b>12</b> 9:00 Animal Videos 10:30 Yoga/Exercise 11:00 Sing a Long/Stretch 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:30 Trivia & Coffee 3:00 Bean Bag Toss 6:00 Movie and Popcorn
9:00 Church on TV [MC] <b>13</b> 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Dining Room Activities 2:00 Church with Rich 2:30 Coffee and Reminisce 3:30 Finish the Sentence 4:00 Dance Party 5:45 Travel the World 6:30 Snack Break and Games	<b>14</b> <b>Columbus Day</b> 9:00 Little House 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 visits 2:00 Snack and Social 3:00 Active Games 4:00 Sing a Long	<b>15</b> 9:00 Around the World 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:00 Coffee and Spelling 2:30 Creative Coloring 3:45 Hymn Sing 4:00 Balloon Ball 5:45 Reminisce	<b>16</b> 9:00 Move to the Music 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 Visits 2:30 Ice Cream 3:15 Hymn Sing w/Jean 5:45 Comedy Hour	<b>17</b> 9:00 Puzzles and More! 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 12:45 Walking Group 2:00 Coffee and Reading Group 3:00 NailCare 3:45 Hymn Sing w/Jean 5:45 Balloon Ball	<b>18</b> <b>Wear Pink for Breast Cancer Awareness Month</b> 9:00 I Love Lucy 10:30 Yoga/Exercise 11:30 Devotions 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1's 3:00 Balloon Ball 3:45 Sing a Long 5:45 Dice Game	<b>19</b> 9:00 Animal Videos 9:30 Halloween Event with Family [DR] 10:30 Yoga/Exercise 11:00 Sing a Long/Stretch 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:30 Trivia & Coffee 3:00 Bean Bag Toss 6:00 Movie and Popcorn
9:00 Church on TV [MC] <b>20</b> 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Dining Room Activities 2:30 Coffee and Reminisce 3:30 Finish the Sentence 4:00 Dance Party 5:45 Travel the World 6:30 Snack Break and Games	<b>21</b> 9:00 Little House 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 visits 2:00 Snack and Social 3:00 Active Games 4:00 Sing a Long	<b>22</b> 9:00 Around the World 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:00 Coffee and Spelling 2:30 Creative Coloring 3:45 Hymn Sing 4:00 Balloon Ball 5:45 Reminisce	<b>23</b> 9:00 Move to the Music 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 Visits 2:30 Ice Cream 3:15 Hymn Sing w/Jean 5:45 Comedy Hour	<b>24</b> 9:00 Puzzles and More! 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 12:45 Walking Group 2:00 Coffee and Reading Group 3:00 NailCare 3:45 Hymn Sing w/Jean 5:45 Balloon Ball	<b>25</b> 9:00 I Love Lucy 10:30 Yoga/Exercise 11:30 Devotions 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1's 3:00 Balloon Ball 3:45 Sing a Long 5:45 Dice Game	<b>26</b> 9:00 Animal Videos 10:30 Yoga/Exercise 11:00 Sing a Long/Stretch 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:30 Trivia & Coffee 3:00 Bean Bag Toss 6:00 Movie and Popcorn

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9:00 Church on TV [MC] 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Dining Room Activities 2:00 Church with Clayton 2:30 Coffee and Reminisce 3:30 Finish the Sentence 4:00 Dance Party 5:45 Travel the World 6:30 Snack Break and Games	27 9:00 Little House 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 visits 2:00 Snack and Social 3:00 Active Games 4:00 Sing a Long	28 9:00 Around the World 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 Walking Group 2:00 Coffee and Spelling 2:30 Creative Coloring 3:45 Hymn Sing 4:00 Balloon Ball 5:45 Reminisce	29 9:00 Move to the Music 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 1:00 1:1 Visits 2:30 Ice Cream 3:15 Hymn Sing w/Jean 5:45 Comedy Hour	30 <b>Halloween</b> 9:00 Puzzles and More! 10:30 Yoga/Exercise 11:30 Devotions 11:45 Oshibori/Relaxation 12:45 Walking Group 2:00 Coffee and Reading Group 3:00 NailCare 3:45 Hymn Sing w/Jean 5:45 Balloon Ball		<b>Happy Birthday to</b> 10/2 Shirley Hanson 10/3 Diane Day 10/3 Vivian David 10/4 Delores Matlock 10/5 Sharon Duggan 10/8 Doris Miller 10/12 Elvera "Toots" Knutson 10/17 Shirley Nelson