

Our Community Newsletter

Discover what's going on in our community.



You might be seeing a new face at the front desk, please welcome Brendon and make sure they feel welcome!

Here are some fun facts about Brendon!

- ‡ moved to Minnesota from California with my sister and I have 3 cats! They are named Lucy, Scout and Tobey.
- ‡ love to do concert photography for musicians as a hobby on the side.
- ‡'ve always wanted to travel to Iceland to see the Aurora Borealis
- ‡f I could live anywhere in the world, I would pick New Zealand for the nature and culture.
- ‡ love trying new foods, listening to all kinds of music, making all kinds of art and traveling around the states on road trips.
- ‡ fun fact about me is that I did theater acting for 17 years.
- ‡'m excited to work here and meet brand new faces and get to know everyone!



From the Executive Director

Hello Spring! 🌸

The sunshine is finally here, and we're all excited to step outside and enjoy those patios with some fresh air! ☀️ We've been busy reaching out to window cleaning services to give your windows a sparkling shine—inside and out! We've had a few companies come by already, and we're comparing quotes to make sure we get the best deal for the best quality. 🧐 ✨

It's been so fun to see all the new faces joining our community! Moving into a new place is such a big step, and it's always good to remember how it felt when you first got here. You all make this the incredible place it is to live and work, and we're so grateful to have you here. Let's keep making this place the best it can be! 🙌

From Marketing

Staying active is one of the best ways to maintain your health and well-being. Regular exercise can boost your energy, improve your mood, and reduce illnesses. Arbor Oaks has many ways to be active. Here are some fun ways to stay active here in our community:

- Laughing and Smiling: this can be done so easily and uses so many muscles
- Walking: daily walks inside and outside of the community
- Exercise: participate in group exercises offered by our Life Enrichment
- Spark Challenges: twice a week physical and mental competition (always need cheerleaders as well)

Stay safe and enjoy the benefits of movement by being involved!

From the desk of the Chaplain

Happy Spring everybody!!! Every time this year the weather gets warmer, the grass gets greener, and perennial flowers start making their way out of the ground. As with every season we have an opportunity to appreciate nature and creation. I find that when I encounter difficulty and I feel overwhelmed, that all I have to do to calm down is go outside and breath in the fresh air. I then remember that no matter what is going on, the sun will always rise and set, the wind will blow where it may and like all of creation, I am held in the palm of God's hand. May you find the same comfort this spring!

Peace,
Chaplain Jean

From Camille, Director of Nursing

Dear Arbor Oaks residents,

I am excited to share that I have accepted a regional position with Lifespark as a Staff Development Nurse. While I do not have an exact date for my transition, I plan to be at Arbor Oaks through April. I will still visit Arbor Oaks occasionally to work with the floor staff.

Thank you all for a wonderful two years. I will truly miss everyone here at Arbor Oaks, and I am grateful for all the experiences and memories we've created together.



Every third Monday at 1pm in
the Dining Room

Happy Birthday!

Residents

Staff

Roger N. 4/6	Reka K. 4/4
Dorothy O. 4/9	Catherin G. 4/8
Dan A. 4/11	Brooke S. 4/14
John K. 4/17	Paige Z. 4/15
Deanna W. 4/29	Emily R. 4/22



Resident Council every
third Tuesday at
3:15pm in the Chapel

Happy Anniversary!

Residents

Staff

Janice G. 4/16/2018	Cindy H. 4/14/2017
Vern S. 4/8/2022	
Drake H. 4/22/2024	
Elaine J. 4/30/2024	

Outings this month!

Beef O' Brady's



Lunch outing
on April 9th,
pick up at
11am
Please RSVP
by April 7th

Coon Rapids Target



Grocery shopping
outing on April
17th, pickup at
10am
Please RSVP by
April 15th

Forklift Challenge 2025

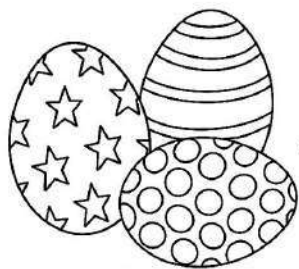


2025

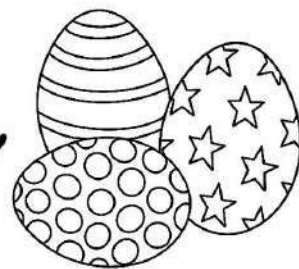
Tuesdays

Week	Competition	RBS
Scrimmage Week	4/15	4/18
Week 1	4/22	4/25
Week 2	4/29	5/2
Week 3	5/6	5/9
Week 4	5/13	5/16
Week 5	5/20	5/23
Week 6	5/27	5/30
Week 7	6/3	6/6
Final 4	6/10	No RBS
World Championship	6/12	No RBS

****RBS = Really Big Show****



easter



WORD SEARCH

C	F	N	C	T	V	Y	J	E	A	K	L	H	E	Y
T	E	K	S	A	B	X	T	G	L	M	D	T	N	Z
M	S	O	K	G	E	E	U	G	F	E	A	N	C	K
H	O	G	H	N	A	T	G	S	Y	L	U	I	X	T
T	Q	W	Q	I	B	P	B	G	O	B	E	A	D	V
I	T	P	G	T	Y	P	R	C	H	A	E	U	H	D
C	Q	Z	N	A	J	V	O	I	S	U	O	A	F	B
L	R	C	I	R	B	H	F	T	L	M	N	Q	R	U
Y	G	V	R	O	C	E	E	L	Q	B	Y	T	I	E
J	L	F	P	C	R	R	C	A	N	D	Y	R	E	B
X	R	I	S	E	W	F	L	O	W	E	R	S	N	L
B	C	X	M	D	P	O	H	B	O	F	Q	P	D	R
Q	I	S	X	A	H	O	O	X	Y	L	L	R	S	Z
Z	J	N	T	T	F	W	W	S	H	F	S	U	I	G
E	V	M	M	P	S	J	I	L	I	J	X	K	T	O

APRIL
BASKET
BOWS
BUNNY
CANDY

CHOCOLATE
DECORATING
EASTER
EGG HUNT
EGGS

FAMILY
FLOWERS
FRIENDS
HOP
SPRING

What's Going on in Arbor Gardens?



WE ARE THE A-TEAM! THE MIGHTY MIGHTY A-TEAM!

