

# Oh what fun August was!



# Our Community Newsletter

*Discover what's going on in our community.*



## From the Executive Director Summer Update

We have enjoyed a wonderful summer so far, although the recent heat and smoke have limited our ability to fully enjoy the outdoors. I appreciate those who are taking precautions and limiting time outside for their health and safety. We will continue to post notices on the front door as conditions change.

## Welcoming New Residents

We are pleased to welcome several new residents to Arbor Oaks. As they settle into their new home, it has been heartwarming to see many of you greeting them, answering their questions, and encouraging them to participate in activities. Moving to a new community can feel overwhelming, and your kindness and hospitality make all the difference.

## Attitude & Behavior

At Arbor Oaks, we are committed to creating the best possible place to live and work. Every day, our team strives to provide the care and support our residents deserve. With 75 residents in our community, interests and preferences will naturally vary. While an activity or event may not appeal to everyone, it may be meaningful for others. We encourage everyone to maintain a positive attitude, be mindful of our shared spaces, and treat one another with kindness and respect. We all face personal challenges, many of which are not visible, which makes empathy all the more important.



# Margarita Ville 2025

## From Nursing

### Annual Vaccination Clinic!

Homeland Health Specialist will be providing our annual Vaccination Clinic this year.

Date: Monday September 22nd, 2025 at 1pm-4pm

Flu and Covid vaccinations are available.

Consent forms and return bin are located at the front desk.

Please fill out and return by September 5th .

If any questions call Nursing at 763-205-2248 or ask any staff for more information.

## From Marketing

### Hello, September! A New Season of Possibility

As the air begins to cool and the leaves hint at turning, September brings a fresh sense of renewal. This is the perfect time to enjoy cozy indoor activities, light walks outdoors, and reconnecting with friends over warm drinks. Let's welcome fall together with gratitude, laughter, and community spirit. Make sure you take a few minutes each day to see what we have going on in the community. Those of you that have been here for awhile, make sure you invite new residents along with you to these happenings.

## From Maintenance

Hello everyone,

We're cruising through the year, and as always, our team is working hard to keep the building safe, comfortable, and in top shape. Here's a quick look at what's been done and what's coming up:

### ✔ Completed This Month

**HVAC Air Filter Replacement** All units received fresh filters to ensure clean air and efficient cooling during the summer heat.

**Smoke Detector Testing** We conducted a full check of smoke detectors in all rooms to ensure they're functioning properly and keeping everyone safe.

### 🧠 Quick Tip

If you notice any unusual sounds from your HVAC unit or a blinking smoke detector light, let us know right away. Early reporting helps us keep everything running smoothly.

Thanks for staying informed and helping us maintain a safe and comfortable environment. If you have questions or maintenance requests, don't hesitate to reach out!







# AUTUMN

## WORD SEARCH



### WORD LIST

ACORN  
AUTUMN  
BONFIRE  
BRISK  
CIDER  
CORN  
CRISP  
EQUINOX  
FALL  
FESTIVAL  
FOLIAGE  
FOOTBALL  
GOURD  
HALLOWEEN  
HARVEST  
HAYSTACK  
JACKET  
LEAVES  
NOVEMBER  
OCTOBER  
PINE CONE  
PUMPKIN  
SCHOOL  
SEPTEMBER  
SQUASH  
SWEATER  
THANKSGIVING  
TREES

I	C	K	K	S	W	E	A	T	E	R	T	D
X	W	D	P	S	I	R	C	Q	F	H	N	C
R	E	G	A	I	L	O	F	Y	I	C	C	P
O	H	A	Y	S	T	A	C	K	C	U	I	R
O	S	P	E	A	S	K	P	D	W	D	E	P
V	C	G	I	Y	S	T	I	W	Z	B	B	C
T	H	T	N	N	R	B	F	Y	M	O	N	P
H	O	Z	O	E	E	S	Y	E	V	X	R	W
A	O	I	E	B	E	C	T	V	H	Z	O	O
N	L	S	J	V	E	P	O	K	Z	X	C	G
K	V	Q	A	W	E	R	I	N	F	H	B	K
S	L	E	K	S	D	Y	G	P	E	A	P	S
G	L	E	R	I	F	N	O	B	H	L	F	M
I	A	T	E	K	C	A	J	H	N	L	N	A
V	F	G	O	U	R	D	K	Y	O	O	C	F
I	L	A	V	I	T	S	E	F	V	W	J	T
N	D	S	Q	U	A	S	H	V	E	E	K	S
G	R	J	G	P	D	Z	Z	I	M	E	V	E
A	I	E	X	Z	U	A	K	X	B	N	D	V
W	T	Q	D	Q	F	M	N	E	E	V	K	R
N	K	B	A	I	F	K	P	M	R	X	W	A
R	Z	D	D	Q	C	J	S	K	U	A	U	H
O	X	X	D	K	H	K	A	I	I	T	G	I
C	F	O	O	T	B	A	L	L	R	N	U	M
A	K	L	X	O	N	I	U	Q	E	B	L	A



### From Culinary

Big shout out to the culinary staff that helped me serve great food and provide great hospitality at our family fun night. Team work is what it's all about and I'm so grateful to have a team like them at AO.



Every third Monday at  
1pm in the Dining Room



Resident Council every  
third Tuesday at  
3:15pm in the Chapel

### Happy Birthday!

#### Resident Birthdays

Jo Ann F. 9/4  
Vern S. 9/6  
Joyce J. 9/9  
Al E. 9/11  
Barb L. 9/26  
Cheryl O. 9/29

#### Staff Birthdays

Sam B. 9/11  
Sienna V. 9/14  
Nick G. 9/19  
Vashti U. 9/23  
Cindy H. 9/25  
Brendon L. 9/29  
Joye Y. 9/30

### Happy Anniversary!

#### Resident Anniversaries

Millie D. 9/24/2023  
LeeAnne G. 9/22/2024

#### Staff Anniversaries

Lali B. 9/18/2024  
Sue H. 9/23/2016  
Edith H. 9/27/2020



# Outings this month!

## Oak Roads



**September 10th**  
**3:45pm pickup**  
**Please RSVP to**  
**the front desk**  
**by 9/8**

## Festival



**September 15th**  
**10am pickup**  
**Please RSVP to**  
**the front desk**  
**by 9/12**

# Quiz Show 2025



Week	Deep Dive (Lifeguard)	Competition	RBS	Test
Scrimmage Week	10/7 Coach and Captain Meeting	10/8	10/10	Whizzer
Week 1	10/14	10/15	10/17	Arm Crank
Week 2	10/21	10/22	10/24	Leg Crank
Week 3	10/28	10/29	10/31	Whizzer
Week 4	11/4	11/5	11/7	Arm Crank
Week 5	11/11	11/12	11/14	Leg Crank
Week 6	11/18	11/19	11/21	Whizzer
Week 7	12/2	12/3	12/5	Arm Crank
Final 4	No Deep Dive	12/9	No RBS	Leg Crank
World Championship	No Deep Dive	12/11	No RBS	Whizzer

**\*\*RBS = Really Big Show\*\***

**Everything starts at 1:00PM**