

Our Community Newsletter

Discover what's going on in our community.



Resident Birthdays

Carol S. 12/3
Maria K. 12/8
Susan P. 12/29

Resident Anniversaries

Mary I. 12/18/2020
Martha W. 12/01/2021

Staff Birthdays

Amaya H. 12/1
Eunice B. 12/5
Lisa D. 12/5
Niles L. 12/8

Employee Anniversaries

Lynn M. 12/01/2014
Paige Z. 12/19/2016
Sarah B. 12/19/2017
Noelle H. 12/29/2023
Belle M. 12/16/2024
Kaelyn V. 12/23/2024

Here are some interesting facts about the month of December!



Turquoise, Tanzanite, & Blue Zircon
are the birth-stones
for December!



Narcissus & Holly
are the birth-flowers
for December!



Mary Martin
famous actress and
singer was born
December 1st, 1913



**National Gingerbread
Decorating Day**
is December 13th!



December 10th, 1830
Poet Emily Dickinson was born in Amherst, Massachusetts. Her poetry became known only after her death in 1886 when her sister discovered nearly 2,000 poems locked in her bureau, written on the backs of envelopes and scraps of paper. They were published gradually over the next 50 years, beginning in 1890.



**National Handwashing
Awareness Week**
is December 7th-13th!
Cleanliness is healthiness!

From the Executive Director

We are pleased to share that we have secured an in-house dentist who provides a much-needed service for our residents. Dental cleanings are billed through your insurance, just as they would have been before moving into the community. Residents who have already taken advantage of this service have shared positive feedback and appreciate the convenience.

If you have not yet signed up, we encourage you to consider doing so. This is one less appointment you need to schedule outside the community—and for many, it may be an opportunity to resume routine dental care. Please stop by the front desk to complete the necessary paperwork.

As winter approaches, we want to remind everyone to use caution when leaving the community. Snow and ice can create hazardous conditions. Please ensure you are using your assistive devices—such as a cane, walker, or other equipment—to help keep you safe.

Lastly, please notify the nursing team whenever you are heading out for an appointment. We can provide any necessary documents for your visit, and being aware of your appointments helps us stay informed about your health and better support you.

From Marketing

Do you realize that each of you participates in 'Act Of Kindness' each day.

This is generally in small ways that you probably do not realize you are doing. One of the biggest ways is how you welcome our new residents and invite them to take part in meals and activities.

No one likes to be the newbie!

You also assist them with finding their apartments or the various rooms around the community. And 99.9% of the time, you are doing this with a smile on your face!

During this holidays season, lets keep being kind and assisting all of our new and old residents.

From Maintenance

☑ Completed This Month

- Water heater maintenance completed – Adjustments finished and hot water levels stabilized.
- Front entry tile repaired – The damaged tile has been fixed to improve safety and appearance.

🔧 Ongoing Projects

- General maintenance and seasonal checks – Routine inspections are being done to make sure everything stays in good working order.

⚠ Safety Reminder

Snow and ice can start showing up this time of year. Please use caution when walking outside, especially near entrances and ramps. Maintenance will be salting and clearing as needed, but conditions can change quickly.

🧠 Quick Tip

Keep windows fully closed and locked to prevent drafts and conserve heat. If you notice cold air coming in or a window that won't latch properly, let maintenance know so it can be adjusted before winter sets in.

Thanks for helping keep our community safe, warm, and comfortable this season!

Thanks for helping keep our community safe, warm, and running smoothly!

From Nursing

New nurse schedules are Monday-Friday and no weekend nurse as of 11/23/2025 (staff will have 24/7 access to After Hours RN during weekends):

AM nurse Brent Monday-Friday 8:00am -3:30pm

PM nurse Cindy Monday-Friday 4:00pm-9:00pm

From Culinary

The culinary department is still looking for recipes to make on chef choice nights. Please see Orchale or Tammy with any recipes or suggestions. Thanks!

From the desk of the Chaplain

As we enter the Christmas season, our hearts turn toward the familiar sights and sounds that remind us of hope, love, and togetherness. For many, this time of year brings cherished memories of family gatherings, festive meals, and traditions that have shaped our lives. Yet, it can also be a season of mixed emotions—especially when circumstances have changed, and loved ones may be far away.

Christmas is more than decorations and gifts; it is a celebration of light shining in the darkness. It reminds us that even in challenging times, there is a promise of peace and joy. Whether through a warm smile, a shared story, or a quiet moment of reflection, we can experience the true meaning of the season right here in our community.

This year, let us focus on what we can give: kindness, encouragement, and presence. A simple greeting or a heartfelt prayer can brighten someone's day. Together, we can create an atmosphere of hope and belonging for everyone.

May this Christmas bring you comfort, joy, and the assurance that you are deeply valued and loved. From all of us, we wish you a blessed holiday season filled with peace and grace.



Chef Chat is your chance to bring up any questions, concerns or compliments! We do not know unless you tell us!



Every third Monday at 1pm in the Dining Room



Resident Council every third Tuesday at 3:15pm in the Chapel



Chef Demo with Orchale every 1st Monday at 2pm in the Dining Room

What is Resident Council?

Minnesota— 144G.41 MINIMUM ASSISTED LIVING FACILITY REQUIREMENTS.

Subd. 5. Resident councils.

The facility must provide a resident council with space and privacy for meetings, where doing so is reasonably achievable. Staff, visitors, and other guests may attend a resident council meeting only at the council's invitation. The facility must designate a staff person who is approved by the resident council to be responsible for providing assistance and responding to written requests that result from meetings. The facility must consider the views of the resident council and must respond promptly to the grievances and recommendations of the council, but a facility is not required to implement as recommended every request of the council. The facility shall, with the approval of the resident council, take reasonably achievable steps to make residents aware of upcoming meetings in a timely manner.

Happenings this month!

Toy Drive



We are doing a Toy Drive December 1st through the 17th! There will be a box in the Lobby to donate any toys that you would like and we will be dropping the box off on December 18th at Toys for Tots.

Caroling and Cookie Decorating

Join us on December 10th at 10am! Andover Montessori students will be here to sing us some carols and then decorate some yummy sugar cookies with us.

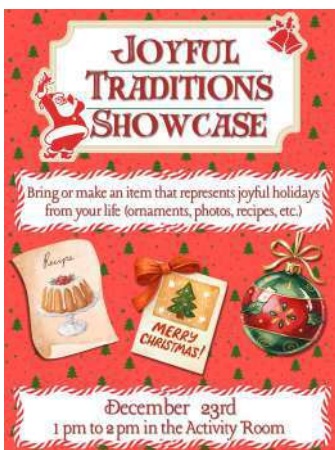


Walmart Outing

Walmart outing on December 9th, pickup at 10am. Please sign up at the Front Desk by December 5th

Christmas Lights

Tour of Christmas lights! on December 22nd. Come with us and enjoy some holiday cheer while we drive through the nearby neighborhoods and admire their hard work! Please sign up at the Front Desk by December 19th.



Joyful Traditions

Join us in the Activity Room on December 23rd at 1pm for Joyful Traditions! Bring something that reminds you of Christmas or brings you joy. It could be an ornament, a special decoration, a picture or even a recipe!



CLASSIC CHRISTMAS CHEER

LIVE MUSIC - FOOD - BEVERAGES - SANTA

ALL RESIDENTS CAN INVITE TWO GUESTS. (WE ARE LIMITED ON SPACE.)

PLEASE RSVP TO THE FRONT DESK BY THURSDAY, DECEMBER 11TH.

16
DEC

4:00PM - 6:00PM
ARBOR OAKS
DINING ROOM





Christmas

WORD SEARCH

Find the hidden Christmas related words. The words can be horizontal, vertical and diagonal. The letters that are left over, form a hidden message!

candy canes
celebrate
chimney
Christmas tree
decorations
eggnog
Frosty
greetings
Jingle Bells
jolly
merry
mistletoe
Noel
North Pole
poinsettia
reindeer
Santa Claus
Scrooge
snowflakes
stockings
turkey

E	G	G	N	O	G	Y	I	T	S	N	O	T	C	S
W	J	I	N	G	L	E	B	E	L	L	S	E	M	U
H	A	C	S	M	F	N	T	S	U	E	L	E	N	A
P	D	A	N	I	R	M	E	R	T	E	R	H	E	L
O	C	N	O	S	O	I	H	R	B	R	I	S	S	C
I	T	D	I	T	S	H	M	R	Y	T	A	E	S	A
N	G	Y	T	L	T	C	A	T	U	S	K	N	R	T
S	R	C	A	E	Y	T	R	R	G	A	E	O	E	N
E	E	A	R	T	E	E	K	N	L	M	W	R	I	A
T	E	N	O	O	H	E	I	F	A	T	J	T	N	S
T	T	E	C	E	Y	K	W	T	M	S	O	H	D	A
I	I	S	E	T	C	O	T	E	R	I	L	P	E	S
A	N	I	D	O	N	L	E	O	N	R	L	O	E	T
S	G	W	T	S	H	O	S	A	R	H	Y	L	R	O
U	S	S	N	D	E	G	O	O	R	C	S	E	I	T

Hidden message: _____

Oh what fun November was!

